



General Anesthesia Instructions

Place sticker here

- 1. If your surgery is before 12 noon, DO NOT eat or drink anything past midnight on the night prior to your surgery. If these directions are not followed, your surgery will be rescheduled.**
- 2. If your surgery is after 12 noon, DO NOT eat or drink anything 6 hours prior. It is fine to have a small meal and liquids as long as 6 hours prior to surgery. If these directions are not followed, your surgery will be rescheduled.**
- 3. Arrange for a responsible adult to drive you home. Driver and vehicle will need to remain here the entire appointment time. Uber & Lyft are not acceptable rides. If these directions are not followed, your surgery will be rescheduled.**
4. Please call if you are having cold or flu like symptoms 48 hours prior to your appointment.
5. Please call if there are any major health or medication changes.
6. Marijuana, alcohol and sedatives: Do not use 72 hours prior to your appointment and 72 hours after your appointment.
7. If you take daily medications please take with a small sip of water, do not stop any medications unless specific instructions from the surgeon.
8. Please remove any nail polish before surgery.
9. Wear loose clothing and leave jewelry at home.
10. You will receive a call, text or email 3 days prior to your surgery appointment to confirm your appointment.

Call the office if you have any questions.

916-283-8818

Any cancellation made less than 24 hours will result in a \$25 cancellation fee.